

Relax, revive and radiate

Beauty therapy
treatments at Ara

ara.ac.nz

Ara is a Business Division of Te Pūkenga –
New Zealand Institute of Skills and Technology.





Enjoy a relaxing beauty treatment, performed by an Ara beauty therapy student under professional supervision.

Diploma clinic treatments

Eyelashes and eyebrows

Look like you're always wearing mascara and frame your face with more defined eyebrows.

Eyelash tint	\$15
Eyebrow tint	\$10
Eyebrow tidy (<i>tweezer only</i>)	\$10
Eye trio (<i>all three treatments above</i>)	\$30

Waxing

Choose from half leg, underarm, bikini, brows, upper lip, sides of face, chin.	\$15 per area
Brazilian or full leg waxing (<i>females only</i>)	\$30

Consultation and Observ skin analysis

Discuss your skin concerns and tell us what you'd like to achieve. Based on your skin consultation and analysis, your therapist will recommend a tailored treatment plan.	FREE
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O Cosmedics Facial

A supercharged 60-minute facial with enzymatic benefits. A great starting-out treatment, suitable for all skin types.	\$50
For Alginate mask or LED add	\$20

Full body exfoliation and mask

Nourish and hydrate with the ultimate 90-minute full body treatment.	\$60
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O Cosmedics Pro Dermal Peel*

Our Pro Dermal O Cosmedic treatments of intense, skin changing results and a youthful, healthy radiance This includes a soothing alginate mask plus a décolletage and neck massage or hand and arm massage.

Your therapist will analyse your skin to determine your peel treatment and daily skin prescription.	\$70
For LED add	\$20

Microdermabrasion*

Reveal a brighter complexion with this non-invasive, deep exfoliation treatment that will polish, refine and hydrate your skin.

\$50

For Alginate mask or LED add

\$20

**Note: a complimentary consultation and skin analysis must be completed before these services are provided for the first time.*

LED

Stimulate the skin's natural regeneration process by harnessing the power of light in this targeted, non-invasive treatment. Available as an add-on with any facial treatment.

As add-on only

\$20

O Cosmedics Advanced Alginate Mask

Hydrate your skin with this electrolyte-infused skin-boosting treatment.

As add-on only

\$20

Electrolysis hair removal

Please enquire for availability.

Micro needling

Please enquire for availability.

From 15 October:

Hot Stone Massage

Relax as we ease tense, tired muscles by applying smooth, flat, heated stones to the body during this 60-minute treatment.

\$40

Diploma dates

Monday: 12pm - 4.15pm

5 Aug

Tuesdays: 12pm - 4.15pm

30 Jul, 3 Sep

10am - 4.15pm

15 Oct, 5 Nov



Certificate clinic treatments

Eyelashes and eyebrows

Are also available with Certificate students.

Eyelash tint	\$10
Eyebrow tint	\$5
Eyebrow tidy (<i>tweezer only</i>)	\$10
Eye trio	\$20

Waxing

Half leg, underarm, bikini, brows, upper lip or sides of face.	\$5 - \$15 per area
Full leg	\$20

Facial

Enjoy a luxurious 60-minute facial with active biological ingredients that help your skin preserve its balance and maintain its wellbeing.	\$30
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Spray tan

Get that golden summer glow all year round	\$20
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Manicure or pedicure

Let us pamper you with a manicure or pedicure treatment along with a luxurious hand or foot massage.	\$20
For a paraffin dip add	\$10
Gel polish	\$10
Gel removal (<i>allow extra 30 minutes</i>)	\$15

From 16 October:

Relaxation massage

Take time out of your busy day and let us soothe those tired muscles.

Full body (60 mins)	\$40
Back, neck and shoulder (30 mins)	\$25

Makeup application

Look fabulous with a professional makeup application and get advice on the products best suited to your face and eye shape.	\$20
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Certificate dates

Mondays:	9.30am - 3pm	29 Jul, 25 Nov
Tuesdays:	10am - 3pm	24 Sep, 20 Aug, 5 Nov
Wednesdays:	9.30am - 4pm	14 Aug, 11 Sep, 16 Oct, 30 Oct
Thursdays:	9.30am - 3pm	5 Sep, 20 Nov

Christchurch clinic location

To book your appointment email:

treatments@ara.ac.nz

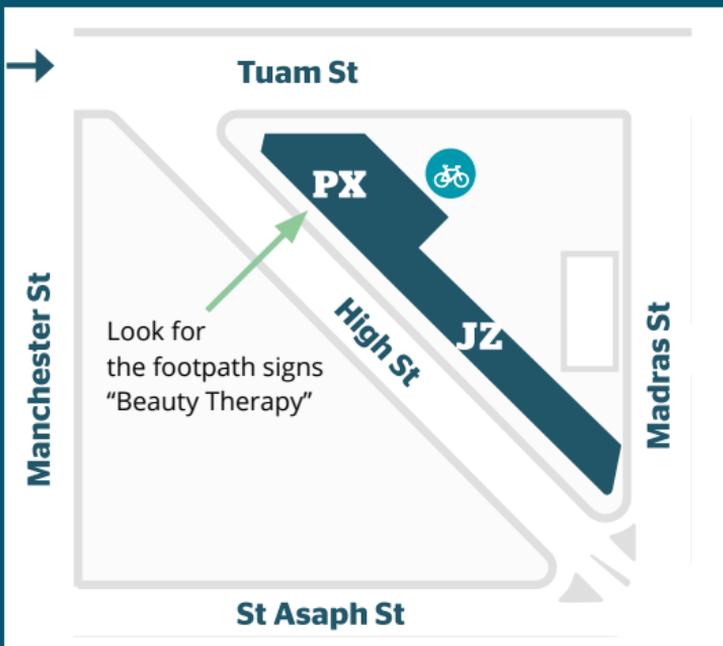
City campus

144 High Street

Christchurch

Situated opposite the Black and White Coffee Cartel.

Payment is by EFTPOS only (no ApplePay, GooglePay or PayWave)



Please note: For health and safety reasons and the comfort of yourself and others, children under 16 years old (including babies) are not permitted within Ara clinics.

ara.ac.nz

